





Mapping Supports | Caregiver Well-Being: Supporting Others

 Caring About	What are the specific needs of the person I support?	Who else could do this or how else could this need be met?	What would they need to know or learn? What would it take?
Shares Love, Affection and Trust			
Spends Time and Creates Memories Together			
Knows about Personal Interest, Traditions, Cultures			

 Caring For	What are the specific needs of the person I support?	Who else could do this or how else could this need be met?	What would they need to know or learn? What would it take?
Supports Day-to-Day Needs			
Ensures Material and Financial Needs are Met			
Connects to Meaningful Relationships and Roles			
Advocates and Supports Life Decisions			